



Triquetra “Snowflake”

1. fold square paper corner to corner
2. fold over remaining thirds at 60° angles
3. cut off extra corners
4. cut out “Z” shape
5. unfold paper

The triquetra is often found in Insular art, most notably metal work and in illuminated manuscripts like the Book of Kells. The fact that the triquetra very rarely stood alone in medieval Celtic has cast a reasonable doubt on its use as a symbol in context where it was used primarily as a space filler or ornament in much more complex compositions. But Celtic art lives on as both a living folk art tradition and through several revivals. This widely recognized knot has been used in for the past two centuries a sign of special things and persons that are threefold, such as Mother, Daughter and Grandmother - Past, Present and Future -and especially the Holy Trinity, the Father, Son and Holy Spirit. [en.wikipedia.org/wiki/Triquetra]